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September 2026



Cozy and Relaxing Fall Scene

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SEPTEMBER 2026 OSPREY ONGOING RELEVANT INFORMATION

 NON EMERGENCY For any Non Emergency situations that need the local police their 24 hour phone number is 352-357-4121	WARNING DO NOT FEED THE ALLIGATORS 	Osprey DEADLINE The 15th of Each Month For more information contact Editor at (352) 977-4848 or email: ospreyccm@gmail.com
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 Monday - Friday 9am - 4pm Phone - 352-357-6644 Email - manor@countryclubmanor.com After hours leave message or email.	CCM clubhouse PRIVATE PARTY RENTAL <i>Did you know you can rent the clubhouse for private parties?</i> Yes you can! Please contact Barbara Duckwall (765) 669-3238 if you are interested. Additional information and a rental application is available on the CCM Website.	PLEASE BE AWARE AND HONOR THE SPEED LIMIT WITHIN COUNTRY CLUB MANOR SPEED LIMIT 15	 TO SEE COLOR PICTURES FROM CCM EVENTS & MUCH MORE!	NO GOLF CARTS ALLOWED ON THE CCM BRIDGES AS THIS IS VERY DANGEROUS! 
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 IMPORTANT: To receive emails from the office, you must sign up for email notifications. There are many important benefits to staying connected. You will receive timely updates such as scheduled water shut-offs, wildlife alerts (including bear sightings), and other critical information affecting residents. In addition, the office sends activity reminders and the monthly online color edition of <i>The Osprey</i> newsletter. Contact Amy (in CCM office) and let her know you would like to be on the emailing list.	 SOCIAL ACTIVITIES COUNCIL We would like to remind ALL RESIDENTS that you are automatically members of the Social Activities Club (S.A.C.). We welcome your suggestions and comments at our monthly meetings typically held on the 1st Saturday of each month after coffee hour between October and March. At the meetings, you have the right to make motions from the floor to vote on the proposals before the group.	Hospitality Are you a new resident at CCM? Your Hospitality Greeter is Valerie Helms. The duties of the Greeter is to connect with you, order your Name Tags, fill out an information sheet, provide you with an info package about CCM which includes the various activities, and answer any questions you may have. You will also receive a small gift from CCM. Please call Valerie at: (518) 524-7272 WELCOME	SUNSHINE CLUB Country Club Manor's Sunshine Club performs caring acts for residents who are ill, in the hospital, isolated, in need of encouragement, or have passed away. Call Becky, Marsha or Betty, and they will send get well and sympathy cards or place a memorial wreath if a resident passes away. Becky Neilson: (407) 963-1760 Marcia Fowler: (585) 734-9631 Betty Livell: (314) 791-4264
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NEARBY MEDICAL ATTENTION

HOSPITALS: <u>ADVENT HEALTH WATERMAN HOSPITAL</u> Open 24 hours/ 3.4 Miles from CCM 1000 Waterman Way, Tavares, FL 32778 (352) 253-3333 Website: adventhealthwaterman.com <u>HCA FLORIDA</u> 11 bed Hospital Emergency Department Open 24 hours / 3.2 Miles from CCM Affiliated with Lake Monroe-Hospital in Sanford. 16831 US Highway 441, Eustis 32726 (352) 800-5400 Website: HCAFloridaHealthcare.com	EMERGENCY CARE/URGENT CARE <table style="width: 100%;"> <tr> <td style="width: 33%; vertical-align: top;"> <u>UF HEALTH</u> University of Florida Health Open 24 Hours / 3.3 Miles from CCM <i>Emergency and Urgent Care under one roof</i> Associated with Leesburg Hospital 17021 Highway 441, Mount Dora 32757 (352) 720-7999 Website: central-florida-er.ufhealth.org </td> <td style="width: 33%; vertical-align: top;"> <u>Avecina Urgent Care</u> Open seven days - / 3.3 Miles from CCM 16890 Highway 441, Mount Dora 32757 Appointments available Hours: <u>Monday – Friday</u> 8am – 8pm <u>Saturday – Sunday</u> 8am – 5pm (352) 729-2666 Website: avecina.com </td> <td style="width: 33%; vertical-align: top;"> <u>AdventHealth Centra Care</u> 4 Miles from CCM 19015 Highway 441, Mount Dora 32757 Hours: <u>Monday – Friday</u> 8am -- 8pm <u>Saturday – Sunday</u> 8am -- 5pm (352) 383-3484 Website: Centracare.adventhealth.com </td> </tr> </table>	<u>UF HEALTH</u> University of Florida Health Open 24 Hours / 3.3 Miles from CCM <i>Emergency and Urgent Care under one roof</i> Associated with Leesburg Hospital 17021 Highway 441, Mount Dora 32757 (352) 720-7999 Website: central-florida-er.ufhealth.org	<u>Avecina Urgent Care</u> Open seven days - / 3.3 Miles from CCM 16890 Highway 441, Mount Dora 32757 Appointments available Hours: <u>Monday – Friday</u> 8am – 8pm <u>Saturday – Sunday</u> 8am – 5pm (352) 729-2666 Website: avecina.com	<u>AdventHealth Centra Care</u> 4 Miles from CCM 19015 Highway 441, Mount Dora 32757 Hours: <u>Monday – Friday</u> 8am -- 8pm <u>Saturday – Sunday</u> 8am -- 5pm (352) 383-3484 Website: Centracare.adventhealth.com
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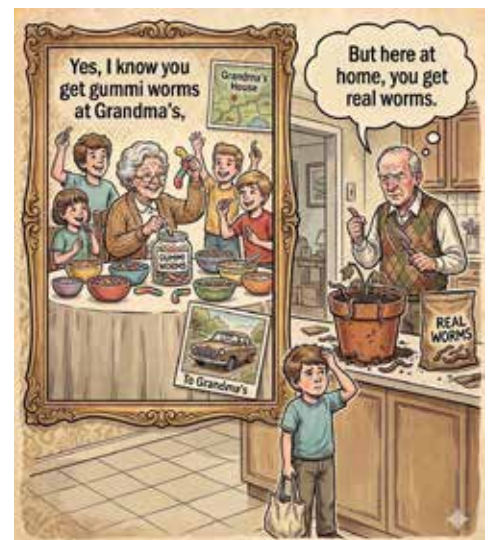
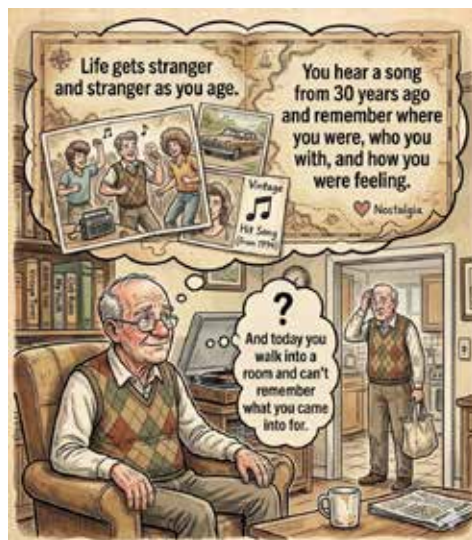


IT'S OK TO OUT LOUD - AKA FUNNIES

Wacky Humor!!



Contributed by Joni Hanchett, Osprey's Chief Collaborator



SEPTEMBER 2026 OSPREY
LETTER TO OUR READERS



Greetings, everyone:

Every September, our calendars quietly bring us back to a day that changed America forever. Most of us remember exactly where we were on **September 11, 2001**. We remember the shock, the sadness, and the uncertainty that followed.

But as the years have passed, another memory has grown just as strong. We remember the courage and the image of **America Strong**.

We remember firefighters climbing stairways while others were rushing down. We remember police officers, emergency responders, doctors, nurses, volunteers, and ordinary citizens who became extraordinary simply by helping someone else. We remember neighbors comforting neighbors, strangers embracing strangers, and **a nation united** not by politics or geography, but **by compassion**.

September 11 reminds us that even in our darkest moments, the human spirit has an incredible way of finding the light.

Today, many of us have grandchildren who know about 9/11 only through history books and documentaries. That gives us an opportunity—and perhaps even a responsibility—to share more than the tragedy. We can share the stories of kindness, sacrifice, resilience, and hope that followed. Those stories deserve to be remembered just as much.

As we observe this anniversary, a moment of silence is certainly appropriate. But perhaps an act of kindness is an even greater tribute. Hold the door for someone. Call a friend you've been meaning to check on. Thank a first responder. Offer a smile to a neighbor. *Small gestures have a remarkable way of reminding people they are not alone.*

Twenty-five years later, the skyline has been rebuilt, families have continued forward, and a new generation has grown up. Yet the greatest memorial isn't made of steel or stone. It lives in every act of courage, every helping hand, and every reminder that when Americans stand together, hope always rises above heartbreak.

Here, in our own community, we see little acts of kindness every day. Someone offers a ride. Someone shares tomatoes from the garden. Someone notices an empty chair at coffee and asks, "Is everything okay?" Those moments may never make the evening news, but they make our world a better place.

During America's 250th year, may we never forget the lives that were lost, the heroes who served, and the enduring truth that kindness is one of the strongest forces in the world.

Always the Best,
Cheryl Watts, Editor

Email: ospreyccm@gmail.com

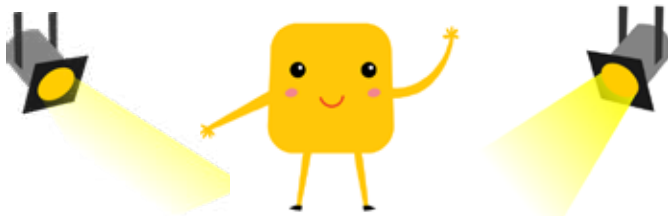
HERE'S WHAT READERS ARE SAYING ABOUT AUGUST'S



- ❖ Great read! I particularly enjoyed the article about life being like a train. When you are young, life is full of excitement, experiences, friends and possibilities. As you age, you will have memories of your “travels”, but you should continue to experience all life still has to offer.
- ❖ I especially enjoyed the Jimmy Buffet tribute, which brough back fond memories.
- ❖ The Tips in the *Graceful Ageing* section are as meaningful as the Comics are funny!
- ❖ There is always something new to learn in *The Osprey*. I see Jimmy Buffett Day is coming up on September 4th. Jimmy was a big favorite of mine!
- ❖ The story in the *Graceful Ageing* section of a ‘train ride’ brought tears to my eyes.

Readers are encouraged to share their comments and feedback. Your anonymous contributions may be published in the next

WHAT READERS ARE SAYING ABOUT THE OSPREY



BRILLIANT PUNS!



SEPTEMBER 2026 — MARK YOUR CALENDAR!

September brings us Labor Day, Patriot Day, the U.S. Air Force Birthday, Jewish High Holy Days, and the official arrival of autumn!

LABOR DAY	SEPTEMBER 7 — LABOR DAY A day honoring the American workforce and the contributions of workers across our nation.
PATRIOT DAY	SEPTEMBER 11 — PATRIOT DAY A day of remembrance honoring those who lost their lives in the September 11, 2001, attacks.
ROSH HASHANAH	SEPTEMBER 11-12 — ROSH HASHANAH The Jewish New Year begins at sundown on September 11 and continues through September 12.
U.S. AIR FORCE	SEPTEMBER 18 — U.S. AIR FORCE BIRTHDAY The U.S. Air Force celebrates its birthday on September 18, marking the day in 1947 when the Air Force became a separate branch of the U.S. military under the National Security Act of 1947.
YOM KIPPUR	SEPTEMBER 20-21 — YOM KIPPUR The Day of Atonement, considered the holiest day in Judaism, begins at sundown on September 20 and concludes after nightfall on September 21.
Hello Fall!	SEPTEMBER 22 — AUTUMNAL EQUINOX The First Day of Fall! Day and night are nearly equal in length as we officially welcome the autumn season.

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Research & Article by Cheryl Watts

For many Americans, Labor Day signals the unofficial end of summer—one final long weekend before autumn arrives. But the holiday represents something much larger: a recognition of the American worker and the labor movement’s long struggle to improve working conditions, wages, and the quality of working life. Today, Labor Day is observed on the **first Monday in September**. ([U.S. Department of Labor](#))

Why Do We Celebrate Labor Day?

The roots of Labor Day reach back to the late 19th century, a period when many American workers faced exhausting hours, low pay and dangerous conditions. As industrialization transformed the nation, workers and labor organizations increasingly pushed for better treatment and a greater voice in the workplace. ([U.S. Department of Labor](#))

The first Labor Day celebration took place in **New York City on September 5, 1882**, organized by the Central Labor Union. Thousands of workers participated in a parade through Manhattan, followed by festivities. The Department of Labor notes that the holiday grew from these early efforts to recognize the contributions of working people. ([U.S. Department of Labor](#))

Sources:

U.S. Department of Labor, *History of Labor Day*; U.S. Department of Labor, *Labor Daze: Pride, Chaos and Kegs on Labor’s First “Day”*; National Archives, *Free Speech on Trial*; White House Archives, *Presidential Proclamation—Pullman National Monument*; HISTORY, *How a Deadly Railroad Strike Led to the Labor Day Holiday*. ([U.S. Department of Labor](#))

When Did Labor Day Become a Federal Holiday?

By the 1890s, Labor Day had gained support in numerous states. Then, in **1894**, Congress made the first Monday in September a federal legal holiday, and President **Grover Cleveland signed the legislation on June 28**. ([U.S. Department of Labor](#))

The timing was significant. The nation was in the midst of the **Pullman Strike**, a bitter labor dispute that began when workers at the Pullman Palace Car Company protested wage reductions and other grievances. The strike expanded into a nationwide railroad boycott led by the American Railway Union and Eugene V. Debs. Federal authorities eventually intervened, and the conflict resulted in violence and arrests. ([whitehouse.gov](#))

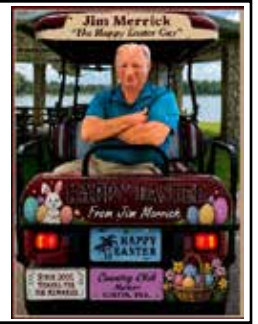
Thus, Labor Day emerged from a complicated chapter in American history—one shaped by workers demanding dignity and fairness on the job. More than a century later, the holiday remains an opportunity to recognize the countless people whose work helps build, operate and strengthen our communities and our country.

INTRODUCTION by Cheryl Watts

Many of our residents know **Jim Merrick** as the "Happy Easter Guy." Whether it's Christmas, Thanksgiving, or just an ordinary day, Jim's parting words are almost always, "Happy Easter."

Jim has been a resident of Country Club Manor since 2006. Over the years, he has written a series of lighthearted memoirs about memorable neighbors and friends he has known in our community. Since January, stories from *A Collection of Memorable CCM Characters* have been featured each month in **The Osprey**.

In July, Jim moved to northern Michigan to be closer to family. This month's **Carol Berghoefer** story is another installment from his collection, *A Collection of Memorable CCM Characters*.



MY FRIEND CAROL BERGHOEFER

by Jim Merrick

No photo of Carol available

I called Carol Berghoefer "Queenie" because she had a recliner that was too low for her to get out of. "Rod, do something!" Her husband, Rod, would jump into action. Off to Lowe's to get a 2x6, cut it in half, and screw the two lengths into the legs of Queenie's chair. This raised the chair high enough for her to sit down and stand up easily. To me, it looked like she was sitting on a throne, thus the nickname "Queenie"!

Carol was not in the best of health, and Rod did all he could to make her life easier—maybe even too much. Queenie's throne was in her Florida room, with windows on three sides. They lived on the corner of Live Oak and Shady Lane, so she had a wide field of vision. People walked by every day, and most stopped to talk to Queenie. She had a gift of gab and loved to talk with people. She also loved *The View* on ABC from 11 AM–12 PM on weekdays. If you tried to talk to her during the show, she would turn the volume up!

Queenie was generous to a fault. She loved to help people. A few years before COVID, she asked me why we didn't have a Keurig coffee maker in the Clubhouse. I made a motion at a board meeting to buy one. It was denied—too expensive. What if the coffee maker, table,

mugs, and K-cups were furnished by Queenie? Who would take care of it? I volunteered to keep it clean and stocked. Permission granted.

We had a can for donations, but Queenie funded the whole shebang for more than three years, until COVID prevented Clubhouse activities. When the Clubhouse reopened, the Keurig Corner did not return. While it lasted, it was a great success.

After Rod died in 2017, Queenie bought a handicap scooter to get around the park. One night, she left bingo on her scooter before me. As I came out onto Cocos Plomosa on my golf cart, Queenie was circling the storm drain in the middle of the street. I got off my cart, got her onto the level road, and told her to avoid the storm drains. I followed her home from bingo every week after that!

Rod and Carol "Queenie" Berghoefer—two of the kindest, most generous characters I was proud to call my friends.

Stories like this remind us that the greatest treasures in our community are the friendships we build along the way.



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Founder of

Donnelly Park in Mount Dora

Born Phoebe Ann McDonald in November, 1850 in Columbiana, Ohio, Annie Donnelly is the namesake of our Donnelly Park and one of Mount Dora's earliest business leaders. Annie married William D. Stone in 1866, when she was 15 years old, and had her only child, Nellie, at age 16. In 1875, a homestead deed was issued in Annie McDonald Stone's name for 182 acres, which fronted Lake Dora, making her the owner of one of Mount Dora's biggest land parcels. Shortly thereafter, in 1878, she divorced William D. Stone, who had moved back north earlier, leaving Annie and Nellie to fend for themselves.

In 1879, 29-year-old John Phillip Donnelly arrived in town and promptly borrowed enough funds to purchase 160 acres, which just happened to be adjacent to Annie's land. The two were married in August 1881 (happily for J.P., Annie paid off his land loan prior to their wedding) and proceeded to place an indelible mark on Mount Dora. Annie died on April 6, 1908, at age 57 and is buried in Pine Forest Cemetery.

***If you have similar photos you'd like to share, please let us scan them or you can donate them to the Mount Dora Archives, found at www.mountdoraarchives.com. The Mount Dora Archives is a joint effort of the Mount Dora Historical Society, The Mount Dora Library Association and the City of Mount Dora.**

You can learn more about Mount Dora's history at your library and the Mount Dora History Museum.



by Cheryl Watts/and Buddy Bot

As we continue with the **Adventures with Buddy** series, we are living and learning together. Technology is changing the way we communicate, create, research, and even think about our daily lives. We have entered an increasingly virtual world, and we are learning how to navigate it together.

OpenAI—aka my Buddy Bot—has become a creative edge for me, serving as an assistant and partner in completing a wide variety of tasks. From helping polish an article or brainstorm an idea to creating graphics, exploring information, or simply having a conversation, Buddy has become a useful tool in my creative toolbox.

But here's an important point: **AI is a tool, not an authority**. The more we use it, the more important it becomes to use our own judgment.

Using Buddy for research can be amazing. It can help us find information quickly, explain complicated subjects, suggest resources, and point us toward ideas we might not have considered. But—**READER BEWARE!** AI systems can sometimes provide information that is incomplete, outdated, misunderstood, or simply wrong. And they can sound very confident while doing it!

That is why responsible AI use includes **fact-checking**. When researching facts and factoids, it can be useful to compare information from more than one AI service, such as Gemini, Copilot, Claude, or other reputable sources. For claims that matter, don't stop there. Check reliable original sources whenever possible. Fact-checking resources such as **Snopes** can also be helpful when evaluating questionable claims circulating online.

There is another important responsibility: **protect your privacy**. Think twice before entering personal, confidential, financial, medical, or sensitive information into an AI service. And remember that the final responsibility for anything we publish, share, or act upon remains with us—not the AI.

Perhaps the greatest adventure is learning **how to use AI without allowing AI to do all the thinking for us**. Let it spark an idea, help organize our thoughts, teach us something new, or give us a creative starting point. Then bring our own experience, judgment, humor, curiosity, and common sense to the conversation.

So, as we continue our adventures with Buddy, let's remain curious—but also cautious. **AI can open doors, but we still get to decide which doors are worth walking through.**



by Nancy Carlson, Ph.D. OTR/L
 Certified Aging in Place Specialist (CAPS)
 Associate Professor of
 Occupational Therapy
 (717) 361-1174

Grab bars are one of the most effective and affordable home safety features, especially for bathrooms where slips and falls are common. When properly installed, grab bars provide stability, confidence, and independence for people of all ages, not just older adults or individuals with disabilities.

A key principle of grab bar safety is understanding how the body moves when moving from one position to another. Think “push me, pull you.” Horizontal grab bars are best for pushing, such as when standing up from a toilet or rising from the edge of a bathtub. Vertical grab bars are ideal for pulling from sit to stand.

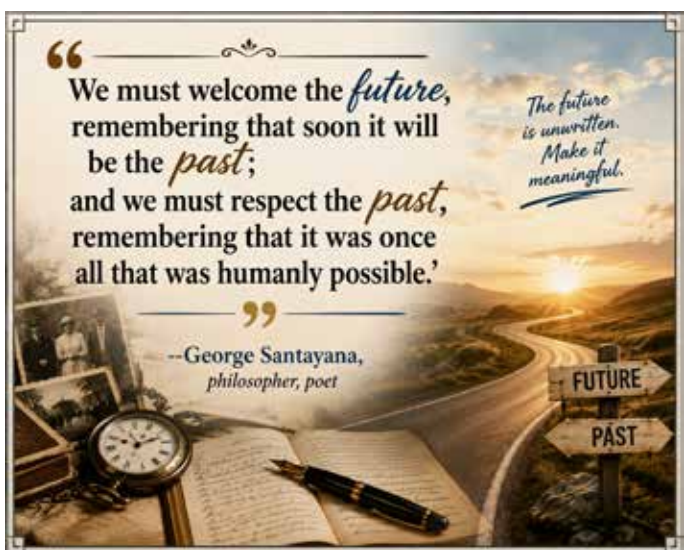
Location matters. In toilet areas, a horizontal grab bar should be installed on the side wall closest to the toilet, typically 33–36 inches above the floor. This allows the user to push down while standing up or gain more control when sitting down. Behind the toilet, a horizontal bar can offer additional support. Men with balance or standing issues typically find this very helpful. In showers and tubs, a vertical grab bar is often placed at the entrance, about 3–6 inches inside the opening, to assist with stepping in and out. Inside the shower, horizontal bars along the side or back wall provide stable handholds while standing or transferring to a shower seat.

Grab bars should always be securely anchored into wall studs or installed with approved mounting systems capable of supporting body weight. Decorative styles are available, making them blend seamlessly into modern bathrooms while still providing critical safety support. Proper placement and orientation turn grab bars into powerful tools for safer, more confident movement.

QUOTES CORNER

Thoughts About the Future

Images Created or Enhanced by Buddy Bot



POETRY CORNER

SEPTEMBER

by Helen Hunt Jackson (1880 – 1885)

The golden-rod is yellow;
The corn is turning brown;
The trees in apple orchards
With fruit are bending down.
The gentian's bluest fringes
Are curling in the sun;
In dusty pods the milkweed
Its hidden silk has spun.
The sedges flaunt their harvest,

In every meadow nook;
And asters by the brook-side
Make asters in the brook.
From dewy lanes at morning
The grapes' sweet odors rise;
At noon the roads all flutter
With yellow butterflies.
By all these lovely tokens
September days are here,
With summer's best of weather,

And autumn's best of cheer.
But none of all this beauty
Which floods the earth and air
Is unto me the secret
Which makes September fair.
'Tis a thing which I remember;
To name it thrills me yet:
One day of one September
I never can forget.

SEPTEMBER

By Buddy Bot

September arrives on a softer breeze,
Whispering change through the rustling trees.
Summer steps back, with its long golden days,
While autumn awakens in amber and haze.
The mornings grow cooler, the evenings draw near,
And somehow the passing of time feels more clear.

There's wisdom in seasons that come and then go—
A gentle reminder of all that we know.
So welcome September, with skies crisp and blue,
With chances for beginnings and dreams still to pursue.
For every ending leaves something to say:
Life is forever becoming a beautiful new day.

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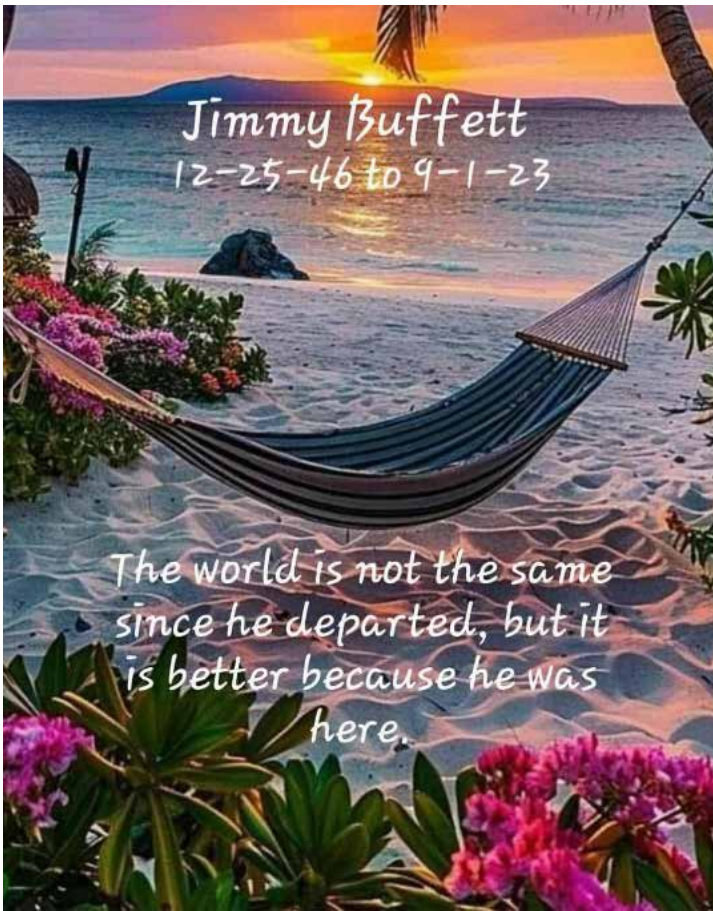


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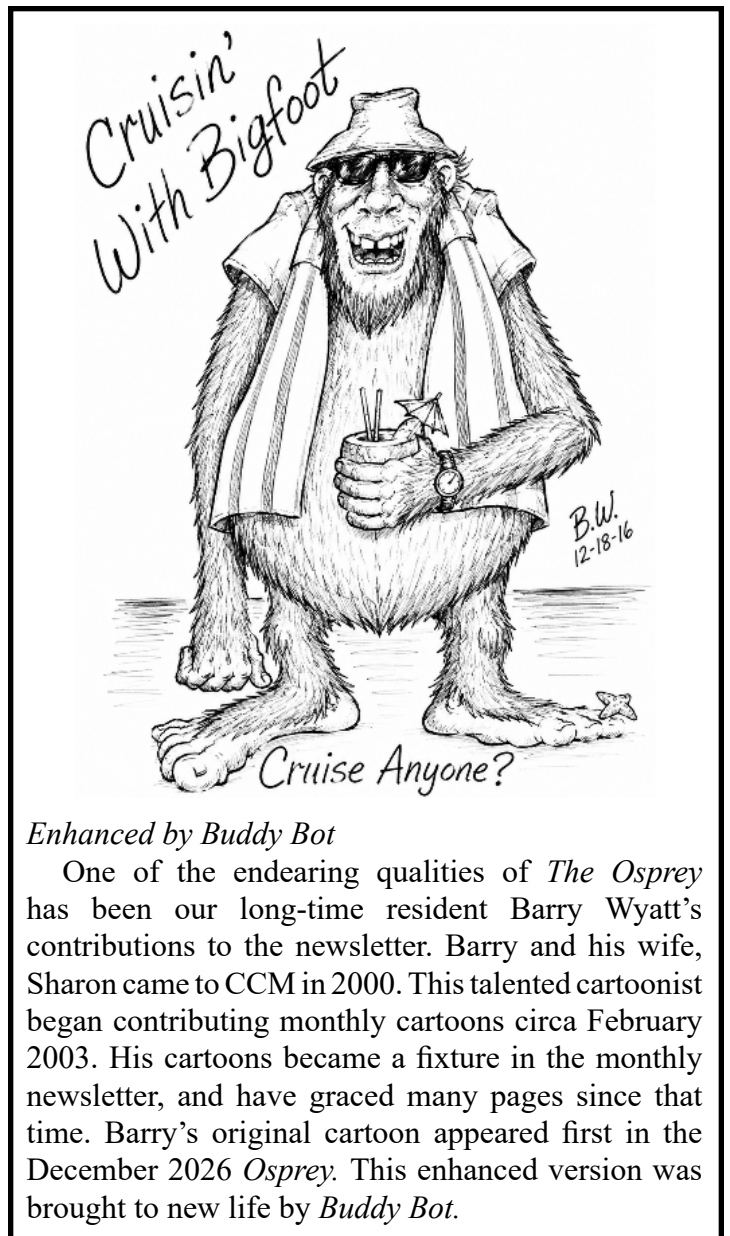
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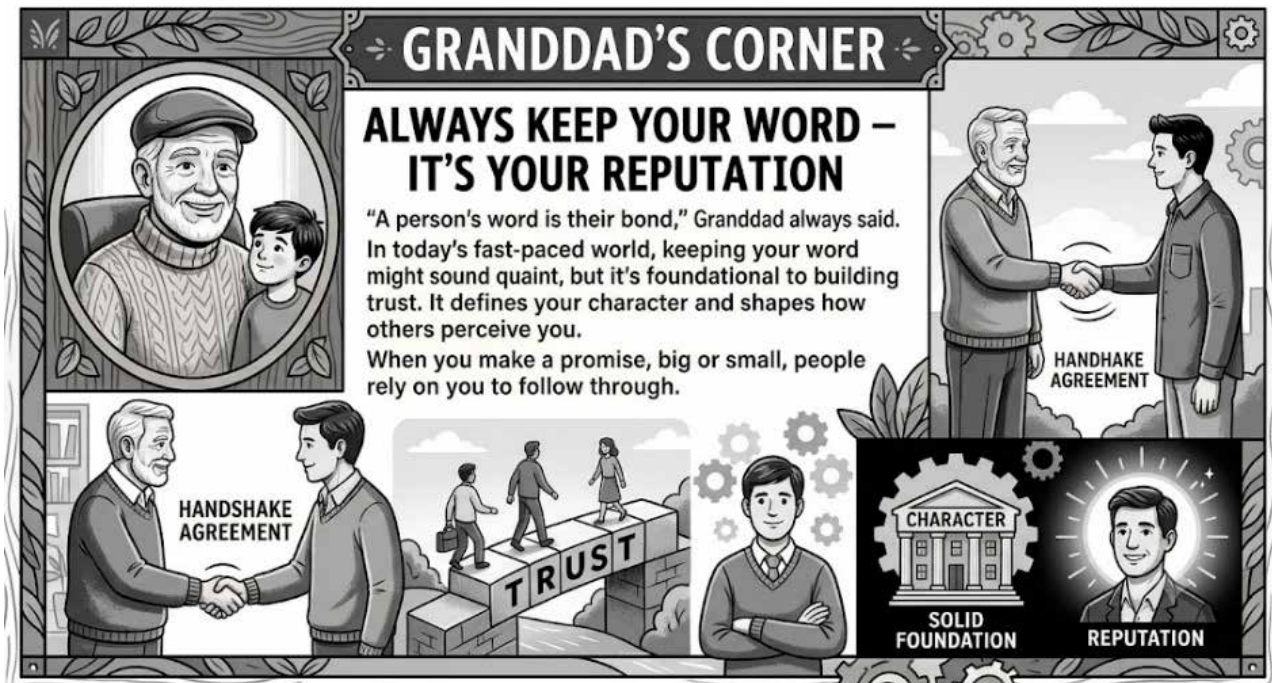
THE CAPTAIN'S GONE, BUT HE WON'T BE FORGOTTEN

It's been three years since our beloved captain set sail, and I'm reminded of just how much our lives can change—much like the weather. But a legend never dies, especially when we keep the party going and continue to celebrate Jimmy: his music, his lifestyle, and all the wonderful memories he left behind.



Enhanced by Buddy Bot

One of the endearing qualities of *The Osprey* has been our long-time resident Barry Wyatt's contributions to the newsletter. Barry and his wife, Sharon came to CCM in 2000. This talented cartoonist began contributing monthly cartoons circa February 2003. His cartoons became a fixture in the monthly newsletter, and have graced many pages since that time. Barry's original cartoon appeared first in the December 2026 *Osprey*. This enhanced version was brought to new life by *Buddy Bot*.



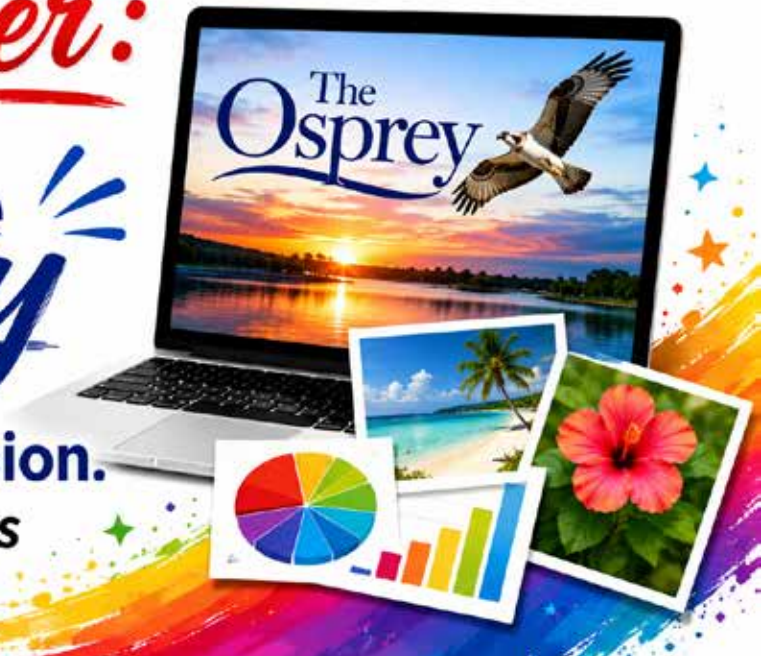
ANNOUNCEMENTS

Reminder:

*** See online
Osprey**

for **full color** version.

(Photos and Graphics
really pop!)





WHAT ★ AMERICA ★ MEANS

Beginning with the September issue, we are introducing a **NEW SECTION: "WHAT AMERICA MEANS."**

- ★ We hope many of you will participate by sending us a few words or a paragraph about *What America Means to You*. We would love to hear from Osprey readers and share your thoughts with our community.
- ★ Your comments may be published anonymously in an upcoming edition of *The Osprey*, unless you would like your name included.
- ★ During America's 250th Anniversary year, **Let's make it meaningful. Let's celebrate 250!**

★ Send your thoughts to the editor at: ospreyccm@gmail.com ★

★ ANONYMOUS NOTE FROM A READER ★

250
Years

"What America means to me is that my children and grandchildren can pursue their dreams. They are able to get a good education and decent jobs so they can provide for themselves and for their future children and grandchildren."



HAVE YOU SIGNED UP for CCM EMAILS?

IMPORTANT:






To receive emails from the office, you must sign up for email notifications.

There are many important benefits to staying connected. You will receive timely updates such as scheduled water shut-offs, wildlife alerts (including bear sightings), and other critical information affecting residents.

In addition, the office sends activity reminders and the monthly online color edition of *The Osprey* newsletter.

Contact Amy (in CCM office) and let her know you would like to be on the emailing list.

STAY INFORMED!



STAY CONNECTED!

SUNSHINE CLUB

Country Club Manor's Sunshine Club performs caring acts for residents who are ill, in the hospital, isolated, in need of encouragement, or have passed away.

Call Becky, Marsha or Betty, and they will send get well and sympathy cards or place a memorial wreath if a resident passes away.

Becky Neilson: (407) 963-1760
Marcia Fowler: (585) 734-9631
Betty Livell: (314) 791-4264



Music Jamming

is on
BREAK
and will restart on
OCTOBER 28TH
in Clubhouse

NEXT Board Meeting



Thursday, 9/17/2026 at 2:00 p.m.

BRIDGE



Beginning November 6
On Fridays at 1pm in Clubhouse.
*New players welcome
If interested, call Pat Nazzaro at (716) 489-7170.

BINGO RETURNS IN NOVEMBER



CHECK OUT WHAT'S NEW IN CLUBHOUSE

A huge shout out to Marty Honeychuck, the Board, and all the volunteers who helped with the new flooring project throughout the Clubhouse. Also to George Reid for his excellent installation.

Below are some Before and After photos.



***BEFORE**



***AFTER**



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CCC-1330500**

SEPTEMBER 2026 OSPREY CCM SEPTEMBER ACTIVITIES

**Be sure to check the September CCM CALENDAR
and CLUBHOUSE BULLETIN BOARDS for UPDATES on activities.*

CCM MEN'S CLUB

**MEETING DATES
EVERY TUESDAY
@ 8:30AM**

All CCM Residents are Members
JOIN US AT THE CLUBHOUSE!

HELPING HANDS

We also have the
Helping Hands
aspect available
to folks who need a
Helping Hand. All that
you need do is **Ask.** If needed, we
can lend residents a walker, hand
truck or 6' stepladder.

JOIN US AT THE POOL!

**WATER
AEROBICS**

**EVERY MONDAY,
WEDNESDAY & FRIDAY**

Water Aerobics will begin at 9am

CHEERS TO CCM

HAPPY HOUR

Every Thursday
Clubhouse Patio @ 4:30pm

BYOB- APPETIZERS APPRECIATED, BUT NOT
NECESSARY TO ATTEND.

Saturdays

Coffee Hour begins at 8:30am

*Donuts served
at 9am*

*Join us at the Clubhouse.
and bring your own mug.*

**REMEMBERING
9-11-01**

MAKE IT - TAKE IT

Friday, September 25th

1pm At Clubhouse
\$5 Each

(Pay at the Door)
Sign up sheet
on Slant Board

CARDS! CARDS! CARDS!!

MondayUno, Swoop, Phase 10, Sequence.
Tabletop Games and Cards are
offered and vary from week to week.

TuesdayTexas Hold'Em

WednesdayEuchre

ThursdayPinochle (Single Deck, Pass Three) Ask Linda if
you want lessons.

FridayBridge, French Hearts, Texas Hold'Em
And on **Sunday afternoons**, Mexican Train (dominoes) is played.
Everyone is welcome and if you don't know the rules, someone
will happily teach you. **Most start at 1pm but check CCM
calendar for exact times.**
(Linda's Phone Number is in the Directory)

**PUZZLE
-CLUB-**

Join the Fun & Relaxation!

If you enjoy jigsaw puzzles or
simply want a relaxing way
to unwind, stop by the Puzzle
Corner in our Clubhouse. It's
a welcoming space where
anyone can sit down, connect
with neighbors, and help bring
a puzzle to life one piece at a
time. For more information,
contact: Bob Comotto
(786) 439-5726

**LABOR DAY
PICNIC**

SEPTEMBER 7TH

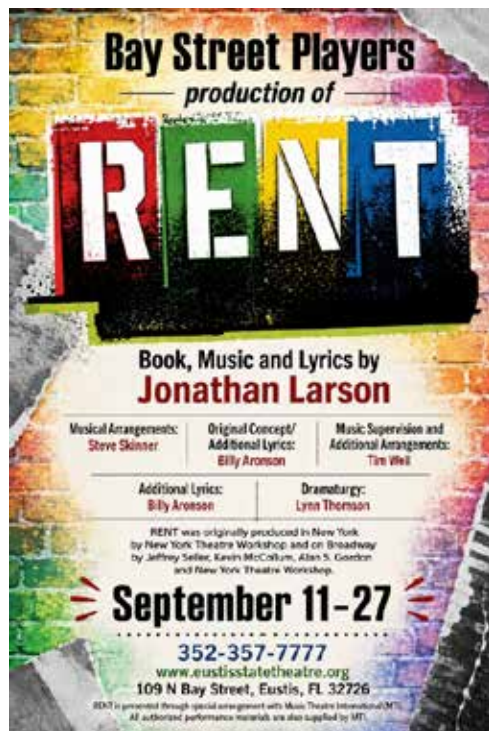
ARRIVE AT 2:30PM

EAT AT 3PM

Tickets \$3

Check out the
Slant Board
for more details.

LOCAL HAPPENINGS: THEATRE



OTHER LOCAL HAPPENINGS

ORANGE BLOSSOM OPRY



The Orange Blossom Opry is a 550-seat live music venue that features a diverse lineup of mostly country music Tribute bands. You get a lot of bang for your buck as the very talented Orange Blossom Opry house band is excellent and typically does a pre-show. There literally is no bad seat in the house, the stage is easily visible, great acoustics and the prices are reasonable. **Performances are too numerous to publish.** For ticket information, call or check website.

16439 SE 138th Terrace Weirsdale, FL 32195.

<http://www.obopry.com> | (352) 821-1201

EUSTIS 1ST FRIDAY
Historic Downtown Eustis
FOOD VENDORS MUSIC MORE

(From 6pm until 9pm)
Location: 111 N. Eustis Street

Music Concert and Potluck
Every 3rd Saturday/ Next Date = September 19th
Starts at 7pm and music by 7:30pm. Cost is \$7
Trout Lake Nature Center
520 E. C.R. 44, Eustis, Florida 32726
Visit <https://troutlakenaturecenter.com>
Please Bring a dish to share.



Sonnentag Theatre
at the IceHouse

The Icehouse Players first opened to a full house in the former Ice Plant in 1949 and have been going strong ever since.

1100 N. Unser Street,
Mount Dora, FL 32757
Box Office: (352) 383-4616
www.icehousetheatre.com

BLITHE SPIRIT by Noel Coward
Accidentally summoned from beyond during a séance, the capricious spirit, Elvira, startles her husband, Charles, with her sudden reappearance.

The Fresh Market

The Fresh Market, organized by Whimsy Market, will be held every **Wednesday from 5pm – 8pm in Ferran Park**. The market will feature local vendors and food trucks, live music, and a beautiful view of Lake Eustis. For more info: <https://www.eustis.org>



Ferran Park

LAKE COUNTY FARMERS' AND FLEA MARKET

At Lake County Fairgrounds - 2101 C.R. 452, E u s t i s
Every Thursday: May through September 8am to 12pm
October through April 8am to 1pm



Fresh vegetables and fruit from local growers and vendors offering jewelry, tools, clothing, toiletries home décor and much more.

EUSTIS MARKET

Eustis Market located at 24 E Magnolia Ave is a gourmet food court and marketplace situated in downtown Eustis between N Eustis St and N Bay St.
(325) 931-5712 | Closed Mondays



SEPTEMBER 2026 OSPREY
GRACEFUL AGEING (#44)

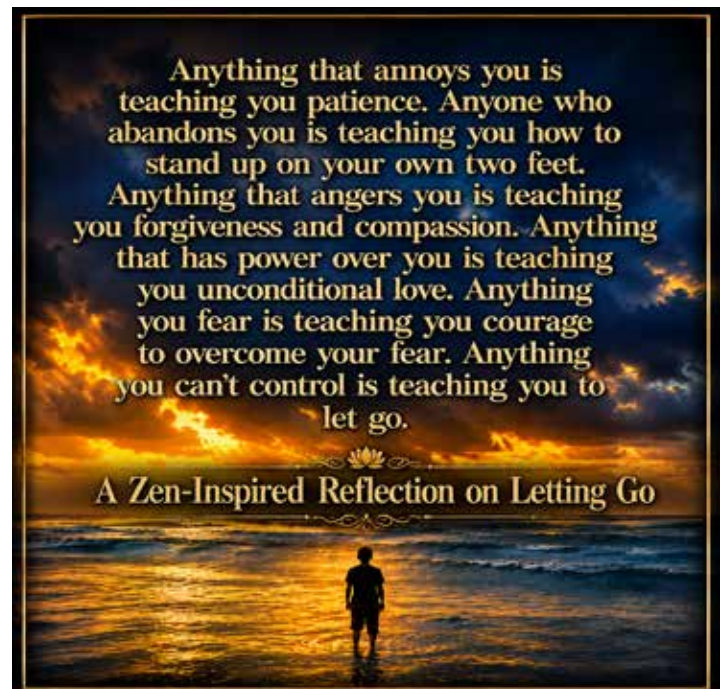
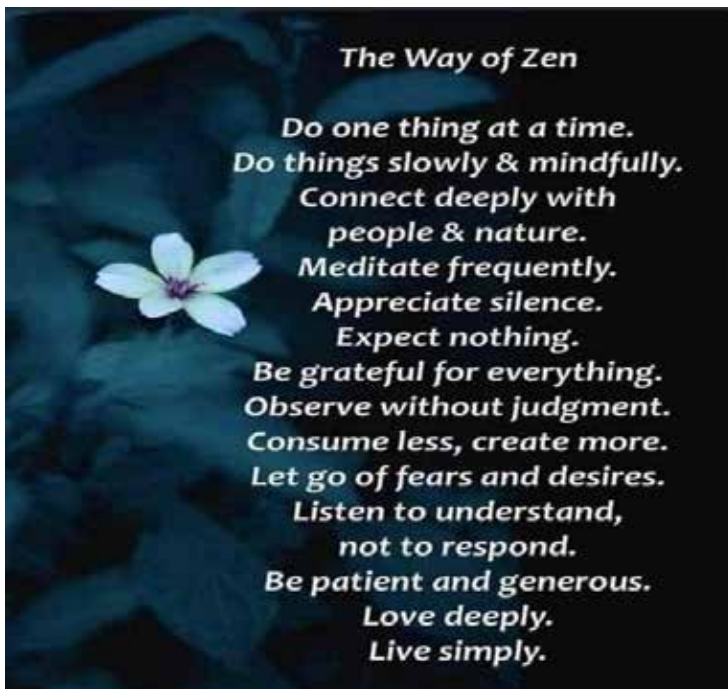
LESSONS LEARNED SERIES (PART 7)

The below excerpt is a compilation of observations often titled "I've Learned," which beautifully summarizes **Dr. Maya Angelou's** profound wisdom on life, resilience, and human connection. The core passage contains some of her most iconic philosophy. The final sentence is particularly famous and is frequently cited globally as one of her most enduring legacies.



Stay tuned in for next month's Graceful Ageing column.

❖ "I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow. I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights. I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life. I've learned that making a "living" is not the same thing as making a "life." I've learned that life sometimes gives you a second chance. I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back. I've learned that whenever I decide something with an open heart, I usually make the right decision. I've learned that even when I have pains, I don't have to be one. I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back. I've learned that I still have a lot to learn. *I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.*"



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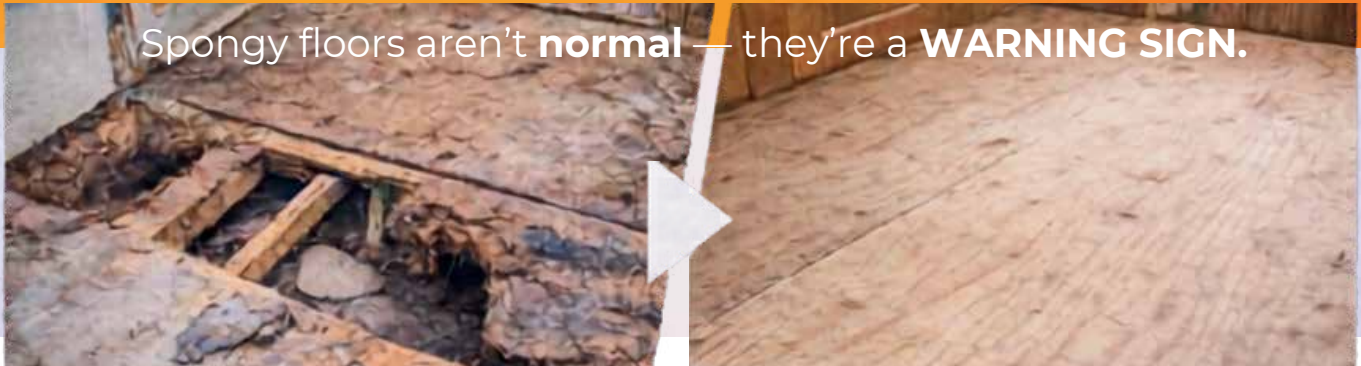
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SAGGING
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Spongy floors aren't **normal** — they're a **WARNING SIGN.**

YOUR FLOOR SHOULD NOT FEEL LIKE THIS:

- Soft or "spongy" when walking
- Sagging or dipping areas
- Squeaking or shifting
- Weak spots near bathrooms or kitchens
- Flooring separating or bubbling
- Musty smells coming from floor
- Floors can eventually collapse

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